

LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

APPROVED MINUTES

Monday August 22, 2022

- Advisory Board Members Present:** Brady Reed – Member – Via Zoom
Gary Bridges – Member – In Person
Michael Hoenig – Member – Via Zoom
Angela Reed – Member – Via Zoom
Curtis Bortle – Member – Via Zoom
- Advisory Board Members Absent:** Chris Gallagher – Member
- Staff:** Tiffany Armstrong – BH Director – Via Zoom
Barbara Longo – HSS Director – Via Zoom
Sarah Bustamante – Admin Assistant – Via Zoom
- Members of the Press:** None
- Other:** Grace Poor – Housing – Via Zoom
Vanessa Hanson – Lassen Indian Health – In Person
Mike Hernandez – Judy’s House – In Person
John McGarva – LCSO – Via Zoom
Danny Medina – CAMPRO – Via Zoom

1. **Call to Order:** Behavioral Health Advisory Board called to order at 5:34 pm
2. **Approval of the Agenda – Action:** Motion- Gary Bridges — Second- Michael Hoenig– All in favor – motion carried
3. **Approval of the Minutes: June 2022:** – Motion –Michael Hoenig– Second – Gary Bridges – Curtis Bortle – Abstain - All in favor – motion carried
*Correct misspelling for Dr. Alberson’s name – Sarah to make correction
4. **Public Comment:**
 - a. Curtis Bortle – is resigning from the board. Tonight, will be the last meeting he will be attending.
 - b. 5 remaining board members after Curtis’s resignation. However, Chris Gallagher is a backup. Will need to have 3 current members attending.
 - c. Openings in all categories expect the Board of Supervisors – openings in community partners and consumer/consumer family members.
5. **988: Tiffany Armstrong**
 - a. National Suicide and Crisis Lifeline
 - i. 24/7 support for individuals in distress
 - ii. Does not have to be full on crisis – Can call just for someone to speak with.

- b. Lassen County established with Alameda Crisis Services who are already set up and established with 988 – This should make a smoother transition for Lassen County
- c. Tiffany will send out the 988 flyer
- d. Unknown how prank or repeated unnecessary calls will be handled
- e. Individuals who answer have been trained in crisis and assist with linking to services.
- f. Unless individual divulge where they are calling from – 988 will not be able to link to community services

6. Care Court – Barbara Longo

- a. Legislation is moving forward
- b. Implementation call – Barbara will be attending these calls
- c. Advocates are very opposed to Care Court due to violation of individuals rights

7. COVID – 19: Barbara Longo

- a. CDC rethinking their approach to Covid
- b. Vaccines are available to those who want to be vaccinated
 - i. We know the vaccine does not prevent you from getting Covid
- c. Lassen County has had 59 deaths since March 2020
- d. CDC will not say vaccines are mandated
 - i. Lawsuits already happening due to organizations mandating vaccines.

8. Syringe Service – Dropbox – Barbara Longo

- a. Remove from agenda for next meeting
- b. Three kiosks across the County
 - i. Two more available for placement

9. Lassen Indian Health – Vanessa Hanson

- a. Harm Reduction and Syringe Exchange Program
 - i. Have been doing outreach with BH, Judy’s House, Crossroads and Housing
 - ii. Provide general medical supplies
 - 1. Sterile Gauze
 - 2. Masks
 - 3. Condoms/Lubricant
 - 4. Band-Aids/alcohol wipes
 - iii. Provide syringe users supplies
 - 1. NarCan
 - 2. Sterile water
 - 3. Pipe cover
 - 4. CPR masks
 - 5. Fentanyl testing strips
 - 6. Filters

- 7. Tourniquets
- 8. Syringes
- 9. Sharps container
- 10. Provides information - safe facts about injections
- iv. Harm reduction supplies
 - 1. Pregnancy test
 - 2. Pads/Tampons
 - 3. Hot/Cold compresses
 - 4. Sterile pads for wounds
 - 5. Chapstick
 - 6. Sunblock
 - 7. Bug Spray
- b. Open every Wednesday to everyone/anyone
 - i. Intake form – capture tracking information
 - ii. Signs a good neighbor policy agreement
- c. MAT Program
 - i. Medications available for individuals trying to get off of opioids and alcohol
- d. Training/Supplies
 - i. Vanessa to look into trainings for Judy’s House and the Wellness Centers
 - ii. Basic needs center at Lassen Community College – supplies

10. Department Report: Tiffany Armstrong

- a. BH Analyst
 - i. Lori Griffith – Started today
- b. Senior Admin Clerk
 - i. Katherine Reede – Started last week
- c. Wellness Centers
 - i. Social Media pages have been set up for each Wellness Center
 - ii. Provide information on what is happening

11. Cultural Competence: Tiffany Armstrong

- a. Meeting held in August
- b. Will be scheduling another meeting for next month
- c. Lori Griffith will be joining the Cultural Competence meetings

12. Housing – Grace Poor

- a. No Place Like Home – did not work out due to time lines
 - i. Still working with Dan Co to get housing developments
- b. Partnership Health
 - i. Big Grant to help get more staff
- c. Street Outreach
 - i. Scheduled monthly with BH, Indian Health and Judy’s House
 - ii. Reached 18 individuals last week
- d. HMIS System

- i. Wellness Centers and Judy's House signing up to become designated HMIS centers
 - ii. Will be allowed to do coordinated entry
 - 1. Gets people into the housing system and connected to available programs
- e. Angela Reed
 - i. Forwarded and email from Stewardship Development.com
 - 1. Wanted information about River Inn
 - a. Turning into kitchenette apartments

13. Judy's House – Mike Hernandez

- a. Working with Housing/BH on outreach
- b. Getting set up/trained to be a designated HMIS center
- c. 91 Individuals
- d. 7 New individuals
- e. 244.12 Hours
- f. 14,646 minutes
- g. 1 Phone contact
- h. 1 Outreach
 - i. Female in need – brought in by Highway Patrol
 - 1. Office checked in on her after he dropped her off
 - 2. CHP Office Taylor
 - ii. Staff took care of and looked after this individual around the clock
 - iii. Angela Reed – nominate Officer Taylor for Officer of the Year

14. Board Report:

- a. **Board Recruitment-** Look at By-Laws – possible changes to allow members of Judy's House/Crossroads to be members.
 - i. Reach out to Theresa Comstock to verify if that is possible
 - 1. Ask to attend next board meeting
 - ii. Prohibited of being a member if they are an employee or if they receive funds from HSS
- b. **Sub-Committees**
 - i. **Legislation – No Update – Keep on agenda**
- c. **Data Notebook** – Held meeting and completed the Data Notebook.
 - i. Tiffany will forward to Board Members for review
 - 1. Will then submit via Survey Monkey

15. Lassen Community College: Brady Reed

- a. Behavioral Health Program Manager
 - i. Position being flown
 - ii. Had to be extended due to not enough applicants
 - 1. Qualifications Masters Degree in Social Work or Counseling.
- b. Timely MD Care

- i. Provides regular health and mental health telehealth appointment at no cost (6 visits)
 - ii. Available 24/7
 - iii. Also, being provided to employees
- c. Dorms
 - i. Open and almost full
 - ii. Few rooms have been set aside for Covid quarantine

16. Suicide Prevention: Tiffany Armstrong

- a. Out of Darkness Walk
 - i. September 10th

17. CAMHPRO –Danny Medina

- a. Peer Support – If grandparenting in has been extended to September 30 to get your paperwork in.
 - i. Checklist for requirements is available
- b. Andrea Wagner – Executive Director, unable to attend tonight
- c. Superior Region has been split into three sections
 - i. East, North and West
 - 1. Lassen County is part of the East section
- d. Looking for peer individuals to connect Danny with other peers or organizations to inform them of upcoming meetings.
 - i. Assist with Networking / Cross county resources
- e. Trainings
 - i. Supervisors who are not peers
 - ii. How to recognize signs of crisis
 - iii. Peer Training – August 26th at 2:00pm

18. Susanville Police Department – No Report

19. Lassen County Sheriff’s Department – John McGarva

- a. **Early Access and Stabilization Program**
 - i. **Partnered with Well Path to provide 2 BH nurses and 1.5 deputies to help facilitate services**
 - ii. **Went to the Board of Supervisors to become a designated treatment center**
 - 1. **Can go to court and seek out involuntary medication orders**
 - iii. **Hoping program will address needs so individuals can get restored to competency before they get a bed.**
- b. **Still transporting inmates to prison**
- c. **Operating very short staffed**

20. Consideration of Future Agenda Items:

- a. **By-Laws – Theresa Comstock – CA Association of Local Behavioral Health Boards & Comissions**

21. Next Meeting Date and Time: September 12, 2022 at 5:30pm

22. Adjournment: 7:05 pm