

LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

APPROVED MINUTES

Monday April 15, 2024

Advisory Board Members Present: Brady Reed – Member
Michael Hoenig – Member
Gary Bridges – Member
Mike Hernandez – Member
Rebecca Jordan – Member

Advisory Board Members Absent: Andrea Hernandez – Member
Tom Neely– Alternate Member

Staff: Tiffany Armstrong – BH Director
Barbara Longo – HSS Director
Sarah Bustamante – BH Admin Assistant

Members of the Press: None

Other: John McGarva - LC Sheriff's Department
Nicole Lamica – Housing and Grants
Brenda Daniel
Daisy Smith-Murdock - Wraparound

1. **Call to Order:** Behavioral Health Advisory Board called to order at 5:30 pm
2. **Approval of the Agenda – Action:** Motion-Michael Hoenig — Second- Mike Hernandez – All in favor – motion carried
3. **Approval of the Minutes: December 2023** – Motion - Michael Hoenig –Second -Mike Hernandez - All in favor – motion carried
4. **Public Comment:**
 - a. Brenda Daniel – Psychiatric Registered Nurse – interested in finding out more about the Mobile Crisis in Lassen County
1. **Mobile Crisis Unit – Tiffany Armstrong**
 - a. Lassen County in Cohort 1 – suppose to have in place by January 1
 - i. Plans were submitted to State and was rejected
 1. Approached the State to use a Hybrid model
 - b. Technical Assistant was offered and scheduled
 - i. Two consultants came and provided trainings last Monday

- ii. Were able to see how rural it is here and limited resources available
 - iii. Want Lassen to use peers on the Mobile Crisis team
 - iv. Another call is scheduled for this Thursday
 - v. Time standards – 60 minutes in area – 120 min to outlying areas
 - vi. Want the county to market the Mobile Crisis – advertise etc
- c. Trying to establish contracts to cover
 - i. Two individuals available at all times – 24/7
- d. Regional model with the surrounding counties – Lassen/Plumas/Sierra/Modoc
 - i. Contract would be expensive
 - 1. Would most likely not generate enough revenue to cover costs of contract
- e. Lassen County will go into a correction action plan due to not having plan implemented
 - i. Will get sanctioned

2. Department Report: Tiffany Armstrong

- a. Scott Nordstrom retired at the end of March
- b. Jennifer Ross, Fiscal Office has moved from the area
- c. Josh Bradley, Annalist will be leaving May 24th
- d. Audits
 - i. EQRO scheduled for next Thursday
 - ii. Specialty Mental Health
 - iii. DMC-ODS
 - iv. Partnership
- e. DUI Program
 - i. Plumas Co shutting down their program
 - 1. Referring all their clients to us
 - ii. Modoc Co DUI instructor passed away
 - 1. Referred all their clients to us
 - iii. We have reached maximum of 12 per group
 - iv. Unfunded program
 - 1. No funds to hire more staff to run groups
- f. Veteran Stand Down Event
 - i. May 18th
 - ii. Sarah to send out flyer

3. Cultural Competence: Tiffany Armstrong

- a. Behavioral Health Interpreter Training
 - i. Two-day training
 - ii. Short notice – unable for any staff to attend
 - iii. Training only offered every two years
- b. Looking for more individuals to participate in the meetings
- c. Next meeting is scheduled for April 24th via zoom

4. Housing – Nicole

- a. Do not have any emergency funding at this time
- b. Section 8 list is open
 - i. Can assist but ran out of Plumas County
 - ii. Would like to bring Section 8 back to Lassen
- c. Peer Support position is flying now
- d. Working on guidelines/policies and procedures for programs
- e. CMSP grant (Liken Grant)
 - i. 10 counties eligible
 - ii. Relieve ER and Hospital stays
 - 1. Able to assist homeless individual on discharge with emergency shelter

5. Judy's House – Mike Hernandez

- a. 95 Total Individuals
- b. 5 New Individuals
- c. 218 Hours
- d. 13000 minutes
- e. 3 warm line calls
- f. CAMHPRO video – Five for Five – posted on the Behavioral Health Lassen County website

6. Board Report:

- a. **Board Recruitment:**
 - i. Daisy Murdock was appointed to the board
 - 1. Did not receive any information from the County Clerks office on the appointment
 - a. Will be sworn in next month
 - ii. Applications need to be turned into the County Clerk's office
 - iii. Need to have a youth, 16-21, with lived experience on the board

7. Lassen Community College: Brady Reed

- a. 6 weeks out from the end of the semester
 - i. Last few weeks have high stress about grades and classes
- b. Event held today
 - i. Grilling and Chilling
 - 1. Served 300 individuals
 - 2. Music and cornhole
- c. Chalk it Out event scheduled for May 14th
- d. Crossroads has been stocking the pantry at the student resource center with food
- e. Student Town Hall scheduled for next week
- f. Diversity night
 - i. April 30th – 4:30pm – 7:00pm
 - ii. Featuring different students and lived experience

- iii. Keynote speaker –
 - 1. Transgender and will share his personal story

8. Suicide Prevention: Nicole Lamica

- a. Out of Darkness Walk
 - i. First committee meeting scheduled for next week
 - ii. Date tentatively September 7th

9. CAMHPRO – Tiffany Armstrong

- a. Andrea Wagner no longer working for CAMHPRO
- b. Nicole Lamica to find out who our contact can be

10. Susanville Police Department – No Report

11. Lassen County Sheriff's Department – John McGarva

- a. John McGarva is assigning Lt. Amy Foster to start attending these meetings
- b. Close on Cal-Aim in the jail
 - i. Will be ready to go by the October deadline
 - ii. Will be coming to the board for the Correctional Release Coordinator position
 - 1. Will be flown in May
 - iii. Received close to 2 million dollars only to be used for Cal-Aim
- c. Legislation
 - i. About to pass to make interlock devices required on first time DUIs to restrict travel
- d. Staffing issues
 - i. No deputy in North end of county in 6 months
 - ii. Currently trying to replace command staff
 - 1. Lt. retiring
 - 2. Fiscal manager retired
 - 3. Captain position open when John McGarva was appointed as Sheriff
- e. Safety Cell
 - i. Both have been completed and certified

12. Consideration of Future Agenda Items:

- a. **MHSA Plans**
- b. **Measure 1**
- c. **Care Court**

13. Next Meeting Date and Time:

May 13, 2024 at 5:30pm

14. Adjournment: 6:43 pm