LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD APPROVED MINUTES

Monday September 12, 2022

Advisory Board Members Present: Brady Reed – Member – Via Zoom

Gary Bridges – Member – In Person Michael Hoenig – Member – Via Zoom

Advisory Board Members Absent: Chris Gallagher – Member

Angela Reed – Member – Via Zoom

Staff: Tiffany Armstrong – BH Director – Via Zoom

Nicole Lamica – Via Zoom

Sarah Bustamante-Admin Assistant - Via Zoom

Members of the Press: None

Other: Andrea Wagner – CAMPRO – Via Zoom

Theresa Comstock - Executive Director CA Association of Local Behavioral Health

Boards & Commissions - Via Zoom

Andrea Hernandez – Judy's House –In Person Mike Hernandez – Judy's House – In Person

John McGarva – LCSO – Via Zoom Danny Medina – CAMPRO – Via Zoom

- **1. Call to Order**: Behavioral Health Advisory Board called to order at 5:30 pm
- **2. Approval of the Agenda Action:** Motion- Gary Bridges Second- Michael Hoenig– All in favor motion carried
- **3. Approval of the Minutes: June 2022:** Motion Gary Bridges Second Michael Hoenig All in favor motion carried
- 4. Public Comment: None
- 5. Advisory Board By-Laws:
 - a. Theresa Comstock the Executive Director of the CA Association of Local Behavioral Health Boards & Commissions reviewed our current by-laws and made revisions/suggestions.
 - b. By-laws attached
 - c. By-laws reviewed in meeting by section.
 - i. Previous by-laws were very minimal
 - ii. Theresa pulled text from Welfare and Institution Code
 - d. Annual reports submitted to the governing body

- i. Governing body for Lassen County is the Board of Supervisors
 - 1. Reporting on recommendations, needs, issues, barriers, challenges and successes.
- e. Board should be a part of appointing the director position when vacant.
- f. Board must be a part of the MHSA process.
- g. Membership
 - i. Minimum number of members is 5 must have one consumer.
 - ii. Update membership to 5-10
 - iii. Add representatives of educational institutions
 - iv. Section 2 covers who is prohibited from being a member
 - **v.** Membership terms add to may not exceed two consecutive terms unless waived by the Board of Supervisors
 - vi. Members Do Not have to be a registered voter per the institution code
 - 1. May be a county requirement Tiffany to follow up with County Clerk's office.
 - vii. Stipends would not be appropriate as reimbursement must be actual expenses
- h. Vacancy
 - i. Verbal resignation to the Chair is acceptable then announced at the next meeting.
- i. Teleconference
 - i. Under emergency address do not have to be posted.
 - **ii.** After if teleconference is being done address must be posted where attendees are at.
- i. Removal
 - i. Do not have to go through Board of Supervisors remove
 - **ii.** BH Advisory Board may remove a member for cause with two-thirds vote of current members
- k. Elections
 - i. Annually terms are annual
 - No officer shall serve more than two consecutive terms

 unless waived by the Board of Supervisors
 - 2. Will hold elections at the October meetings
 - 3. Remove ad hoc committee for elections
 - 4. Use roll call vote with individuals being virtual
- 1. Sarah will make all updates/changes and send out to the board members for review prior to the meeting in October.
- 6. Care Court: No Update
- 7. COVID 19: No Update
- 8. Department Report: Tiffany Armstrong
 - a. MHSA Stakeholder meetings
 - i. Scheduling for October and November

- ii. Will send out flyer once locations are finalized
- iii. Will be held at the Wellness Centers and in Susanville
- b. RFP Request for Proposal
 - i. DUI Program
 - ii. Cascade Circle has closed
- c. Staff
- i. Hired a case manager currently in back ground
- **ii.** Peer Support Big Valley now have 3 peer supports in that area
 - 1. Second Peer Support in Westwood
 - 2. Peer Support in Herlong

9. Cultural Competence: Tiffany Armstrong

- a. Meeting scheduled for next Monday 10/19/22
- b. Lori Griffith BH Analyst has just updated the Cultural Competence Plan and will be attending the meeting

10. Housing - Tiffany Armstrong

a. Peer Supports at Wellness Centers have signed up to be HMIS coordinators to assist and enter homeless individuals immediately into the system

11. Judy's House - Andrea and Mike Hernandez

- a. 105 individuals
- b. 8 new individuals
- c. 2 outreaches
- d. 213.73 total hours
- e. 12.824 total minutes
- f. 2 warm line calls received
- g. Judy's House got a call when the apartment fire happened
 - i. Looking for housing / food
 - ii. Went to Crossroads and set up cots

12. Board Report:

- a. **Board Recruitment-** with by-laws changing can be more inclusive, once approved we can continue with recruitment
- b. Sub-Committees
 - i. Possible Cal-Aim subcommittee in the future
 - ii. Legislation No Update
- c. Data Notebook Completed

13. Lassen Community College: Brady Reed

- a. Behavioral Health Program Manager Position being flown
 - i. Did not receive enough applicants so extended the deadline
 - ii. Have now received enough applicants
 - iii. Will be moving forward with interviews
- b. Timely MD Telehealth
 - i. Receiving very positive feedback from students

ii. Has medical and Mental Health component

14. Suicide Prevention: Nicole Lamica

- a. Out of Darkness walk held September 10th
 - i. Judy's House BBQ'd
 - ii. Nikki Gerrall and her team helped out tremendously this year
 - iii. 10 Teams and 61 individuals registered
 - iv. Raised \$8,651 so far still open so total can still go up
 - v. LCOE was one of the biggest sponsors
 - vi. Looking at how to provide these services in the outlying areas

15. CAMHPRO – Andrea Wagner and Danny Medina

- a. California peer certification website
 - i. Shows all most recent signed on contracted peer certification trainers
 - ii. Study guide for the exam is out
 - 1. Exams have not started
 - iii. 2400 applicants have been processed as of today.
 - iv. Working on creating groups to help peers help each other with certification
- b. Stakeholder Advisory Committee
 - i. Will be looking for individuals who are receiving medi-cal benefits to be on the committee
- c. LEAD Program
 - i. Continuing for one more year
 - ii. Ongoing advocacy in Modoc County

16. Susanville Police Department - No Report

17. Lassen County Sheriff's Department – John McGarva

- a. Working with Tiffany and various other HSS departments to help reduce recidivism coming out of the jail through programs
- b. LMFT is at a MAT (Medicated Assisted Treatment) conference this week
 - i. Site visit from the coordinator this Thursday
- c. Still working with State Hospitals on the restoration of competency
 - i. Meetings with Doctors via zoom being conducted
 - **ii.** No one has been restored to competency based on these interviews yet.
- d. NCCHC Accreditation
 - i. Put on the fast track
 - ii. Will be here in October to audit

18. Consideration of Future Agenda Items:

- a. Action Item Nominations Board Chair and Vice Chair
- b. Action Item Approval of updated By-Laws
- 19. Next Meeting Date and Time: October 17, 2022 at 5:30pm
- 20. Adjournment: 6:56 pm