

# LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

## APPROVED MINUTES

**Monday October 17, 2022**

**Advisory Board Members Present:** Brady Reed – Member – Via Zoom  
Gary Bridges – Member – In Person  
Michael Hoenig – Member – In Person  
Chris Gallagher – Member – Via Zoom

**Advisory Board Members Absent:** Angela Reed – Member – Via Zoom

**Staff:** Tiffany Armstrong – BH Director – Via Zoom  
Sarah Bustamante–Admin Assistant – Via Zoom

**Members of the Press:** None

**Other:** Andrea Wagner – CAMPRO – Via Zoom  
Kevin O’Connell – DDRP  
Andrea Hernandez – Judy’s House –In Person  
Mike Hernandez – Judy’s House – In Person  
John McGarva – LCSO – Via Zoom  
Danny Medina – CAMPRO – Via Zoom  
Grace Poor – Housing – Via Zoom

1. **Call to Order:** Behavioral Health Advisory Board called to order at 5:32 pm
2. **Approval of the Agenda – Action:** Motion- Gary Bridges — Second- Michael Hoenig– All in favor – motion carried
3. **Approval of the Minutes: September 2022:** – Motion –Michael Hoenig – Second – Gary Bridges – All in favor – motion carried
4. **Public Comment:** None
5. **ACTION – Approval of Advisory Board By-Laws:**
  - a. **Updated By-Laws were sent out for review**  
**Action:** Motion – Gary Bridges – Second – Michael Hoenig –  
No discussion  
All in favor – motion carried
  - b. **Will be sent to Michelle Yderraga, Deputy Clerk of the Board of Supervisors to be added to the next Board of Supervisors agenda for approval.**
6. **DDRP – Kevin O’Connell**
  - a. **DDRP – Data Driven Recovery Project**

- b. Ensuring data is useful for the processes and resources Lassen County is trying to develop
- c. Useful and timely in Behavioral Health Infrastructure project and Liken grant
  - i. Partnership between Housing and Behavioral Health
  - ii. Using data already collected to drive a better planning process
  - iii. Create a multiyear plan based on the data collected for Lassen County
  - iv. Linking with other county agencies trying to better serve the clients and identify what the overlap is
  - v. Create basic shared priorities
    - 1. Outpatient system of care
    - 2. Identify strengths and weakness in the county
    - 3. Identified CDCR closure as an impact to our community
      - a. Economic impact
      - b. Look at how it's a threat and an opportunity
  - vi. Creating surveys
    - 1. Related to priorities areas
    - 2. Create 5-10 straight forward ideas
      - a. What's the consensus?
      - b. What to prioritize
      - c. Design programs that meet a lot of different needs at once
  - vii. Creates a better way to plan
    - 1. Look at more holistically in the community
    - 2. See the whole system and not just their part or funding stream
  - viii. Two current grants being worked on currently
    - 1. Goal to get out early part of next year have a plan in place

## **7. Care Court – Tiffany Armstrong**

- a. No update at this time

## **8. COVID – 19:**

- a. Federal Guidelines have stated they will be ending the pandemic in January of 2023
  - i. State will follow in February 2023
- b. Strict mandates will be coming to an end
  - i. Anticipating new guidelines to come
- c. No contact tracing will be done
- d. State of Emergency will be ending
- e. Unsure if vaccines will still be covered by medi-care and medi-cal
  - i. Tiffany will follow up with Public Health
- f. Remove from agenda next month

**9. Department Report: Tiffany Armstrong**

- a. Mental Health Services Act (MHSA) Stakeholder meetings scheduled for this month and next
  - i. Open to the general community
  - ii. First meeting scheduled for 10/18/2022 in Big Valley
  - iii. Two will be scheduled for the Westwood area – 10/20/2022
  - iv. Herlong – 10/21/2022
  - v. Susanville – 11/03/2022
  - vi. Flyer will be sent out to board members
  - vii. Will be discussing the MHSA updates, MHSA 3 year Plan, Substance Abuse Block Grant, Cal-AIM initiatives and Cultural Competency Plan.
  - viii. Another meeting is scheduled 11/03/2022 for community providers
- b. Staffing
  - i. LVN – started with us two weeks ago
    - 1. Has given her resignation for another position with a closer commute
    - 2. Offer extended for another LVN
  - ii. Case Manager/ Prevention Coordinator
    - 1. Started with us a few weeks ago

**10. Cultural Competence: Tiffany Armstrong**

- a. No Update

**11. Housing – Grace Poor**

- a. Point in Time Count –
  - i. January 24, 2023
  - ii. Any agencies or individuals are welcome to assist
  - iii. Gathers data on homelessness in the community
- b. Grants in the works
  - i. Hoping to expand staff
  - ii. Improve programs
- c. HMIS Training
  - i. Staff from Judy's House and Westwood Wellness Center completed the training today
  - ii. Housing intakes will be available in Westwood and after hours at Judy's House

**12. Judy's House – Andrea and Mike Hernandez**

- a. 73 individuals
- b. 7 new individuals
- c. 7354 total minutes
- d. 122.57 total hours
- e. 1 warm line call
- f. 3 outreaches
- g. Currently working on mandated reporter trainings

- i. 8 staff working at Judy's House
  - 1. 1 male and 1 female per shift

### 13. Board Report:

- a. **ACTION:** Nominations for Chair and Vice- Chair
  - i. Gary Bridges nominated Brady Reed for Chair
  - ii. Brady Reed nominated Gary Bridges for Vice-Chair
  - iii. Tiffany Armstrong nominated Michael Hoenig for Vice-Chair
  - iv. Brady Reed nominated Gary Bridges for Chair
- b. **Board Recruitment-** Once By-Laws are approved by the Board of Supervisors – hopefully can get more individuals to apply to be a board member
- c. **Sub-Committees**
  - i. **Legislation – No Update**
- d. **Data Notebook – Completed – Remove from agenda**

### 14. Lassen Community College: Brady Reed

- a. Interviews have been completed for the Behavioral Health Program Manager
  - i. Hoping by November individual will be hired
- b. Funding from Chancellor's office
  - i. Received \$160,000 last year but received \$91,000 this year
    - 1. Error last year and ongoing funding will be \$91,000
  - ii. Can utilize Basic Needs Funding for Behavioral Health services
  - iii. Also utilize equity and general funding to support programs

### 15. Suicide Prevention: Tiffany Armstrong

- a. Mental Health First Aide Training
  - i. Saturday October 29th
  - ii. 8 Hour – virtual training
  - iii. Information will be sent out to the board
  - iv. No Cost

### 16. CAMHPRO – Andrea Wagner and Danny Medina

- a. Global Peer Support celebration Day – Thursday October 20<sup>th</sup>
  - i. 8<sup>th</sup> annual celebration
- b. Care Court
  - i. Start with 7 pilot counties
    - 1. Implementation in October 2023
  - ii. Other counties implementation December 2024
  - iii. Disability Rights of California is filing a lawsuit
- c. CAMPRO
  - i. Launching a legislative subcommittee
    - 1. Application process
    - 2. Works on legislation proposals
  - ii. Two grants approved
    - 1. Building peer leadership in California

- a. Trainings starting at the beginning of the year
    - i. 6 training per year for 3 years
  - 2. Supporting Peer Certification
- d. Certification
  - i. Training
    - 1. Friday 10-21-2022 – Creating your own local groups
  - ii. Survey for peers who are working on certification
    - 1. Link provided in the chat box
      - a. [www.surveymonkey.com/r/PLZXCX3](http://www.surveymonkey.com/r/PLZXCX3)

**17. Susanville Police Department – No Report**

**18. Lassen County Sheriff's Department – John McGarva**

- a. Activated and Implemented EASS Program – Early Access Stabilization Services
  - i. Have Behavioral Health nurses on staff
    - 1. 7 days a week – 12 hours a day
- b. Inmate sent to Atascadero this last week
- c. Working with Barbara Longo on Cal-AIM
  - i. Application deadline December 31, 2022
- d. MAT Conference
  - i. Departments LMFT attended
  - ii. One inmate going through the MAT program currently

**19. Consideration of Future Agenda Items:**

- a. Action Item – Elections – Board Chair and Vice Chair

**20. Next Meeting Date and Time: November 14, 2022 at 5:30pm**

**21. Adjournment: 6:49 pm**