

LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

APPROVED MINUTES

Monday September 12, 2022

Advisory Board Members Present: Brady Reed – Member – Via Zoom
Gary Bridges – Member – In Person
Michael Hoenig – Member – Via Zoom

Advisory Board Members Absent: Chris Gallagher – Member
Angela Reed – Member – Via Zoom

Staff: Tiffany Armstrong – BH Director – Via Zoom
Nicole Lamica – Via Zoom
Sarah Bustamante–Admin Assistant – Via Zoom

Members of the Press: None

Other: Andrea Wagner – CAMPRO – Via Zoom
Theresa Comstock - Executive Director
CA Association of Local Behavioral Health
Boards & Commissions – Via Zoom
Andrea Hernandez – Judy’s House –In Person
Mike Hernandez – Judy’s House – In Person
John McGarva – LCSO – Via Zoom
Danny Medina – CAMPRO – Via Zoom

- 1. Call to Order:** Behavioral Health Advisory Board called to order at 5:30 pm
- 2. Approval of the Agenda – Action:** Motion- Gary Bridges — Second- Michael Hoenig– All in favor – motion carried
- 3. Approval of the Minutes: June 2022:** – Motion –Gary Bridges – Second – Michael Hoenig – All in favor – motion carried
- 4. Public Comment: None**
- 5. Advisory Board By-Laws:**
 - a. Theresa Comstock the Executive Director of the CA Association of Local Behavioral Health Boards & Commissions reviewed our current by-laws and made revisions/suggestions.
 - b. By-laws attached
 - c. By-laws reviewed in meeting by section.
 - i. Previous by-laws were very minimal
 - ii. Theresa pulled text from Welfare and Institution Code
 - d. Annual reports submitted to the governing body

- i. Governing body for Lassen County is the Board of Supervisors
 - 1. Reporting on recommendations, needs, issues, barriers, challenges and successes.
 - e. Board should be a part of appointing the director position when vacant.
 - f. Board must be a part of the MHSA process.
 - g. Membership –
 - i. Minimum number of members is 5 – must have one consumer.
 - ii. Update membership to 5-10
 - iii. Add representatives of educational institutions
 - iv. Section 2 – covers who is prohibited from being a member
 - v. Membership terms – add to may not exceed two consecutive terms – unless waived by the Board of Supervisors
 - vi. Members Do Not have to be a registered voter per the institution code –
 - 1. May be a county requirement – Tiffany to follow up with County Clerk’s office.
 - vii. Stipends would not be appropriate – as reimbursement must be actual expenses
 - h. Vacancy
 - i. Verbal resignation to the Chair is acceptable – then announced at the next meeting.
 - i. Teleconference
 - i. Under emergency – address do not have to be posted.
 - ii. After – if teleconference is being done – address must be posted where attendees are at.
 - j. Removal –
 - i. Do not have to go through Board of Supervisors - remove
 - ii. BH Advisory Board may remove a member for cause with two-thirds vote of current members
 - k. Elections –
 - i. Annually – terms are annual
 - 1. No officer shall serve more than two consecutive terms – unless waived by the Board of Supervisors
 - 2. Will hold elections at the October meetings
 - 3. Remove ad hoc committee for elections
 - 4. Use roll call vote with individuals being virtual
 - l. Sarah will make all updates/changes and send out to the board members for review prior to the meeting in October.

6. Care Court: No Update

7. COVID – 19: No Update

8. Department Report: Tiffany Armstrong

- a. MHSA Stakeholder meetings
 - i. Scheduling for October and November

- ii. Will send out flyer once locations are finalized
 - iii. Will be held at the Wellness Centers and in Susanville
 - b. RFP – Request for Proposal
 - i. DUI Program
 - ii. Cascade Circle has closed
 - c. Staff
 - i. Hired a case manager – currently in back ground
 - ii. Peer Support – Big Valley – now have 3 peer supports in that area
 - 1. Second Peer Support in Westwood
 - 2. Peer Support in Herlong

9. Cultural Competence: Tiffany Armstrong

- a. Meeting scheduled for next Monday 10/19/22
- b. Lori Griffith – BH Analyst has just updated the Cultural Competence Plan and will be attending the meeting

10. Housing – Tiffany Armstrong

- a. Peer Supports at Wellness Centers have signed up to be HMIS coordinators to assist and enter homeless individuals immediately into the system

11. Judy's House – Andrea and Mike Hernandez

- a. 105 individuals
- b. 8 new individuals
- c. 2 outreaches
- d. 213.73 total hours
- e. 12,824 total minutes
- f. 2 warm line calls received
- g. Judy's House got a call when the apartment fire happened
 - i. Looking for housing / food
 - ii. Went to Crossroads and set up cots

12. Board Report:

- a. **Board Recruitment-** with by-laws changing can be more inclusive, once approved we can continue with recruitment
- b. **Sub-Committees**
 - i. Possible Cal-Aim subcommittee in the future
 - ii. **Legislation – No Update**
- c. **Data Notebook – Completed**

13. Lassen Community College: Brady Reed

- a. Behavioral Health Program Manager Position being flown
 - i. Did not receive enough applicants so extended the deadline
 - ii. Have now received enough applicants
 - iii. Will be moving forward with interviews
- b. Timely MD – Telehealth
 - i. Receiving very positive feedback from students

- ii. Has medical and Mental Health component

14. Suicide Prevention: Nicole Lamica

- a. Out of Darkness walk held September 10th
 - i. Judy's House BBQ'd
 - ii. Nikki Gerrall and her team helped out tremendously this year
 - iii. 10 Teams and 61 individuals registered
 - iv. Raised \$8,651 so far – still open so total can still go up
 - v. LCOE was one of the biggest sponsors
 - vi. Looking at how to provide these services in the outlying areas

15. CAMHPRO – Andrea Wagner and Danny Medina

- a. California peer certification website
 - i. Shows all most recent signed on contracted peer certification trainers
 - ii. Study guide for the exam is out
 - 1. Exams have not started
 - iii. 2400 applicants have been processed as of today.
 - iv. Working on creating groups to help peers help each other with certification
- b. Stakeholder Advisory Committee
 - i. Will be looking for individuals who are receiving medical benefits to be on the committee
- c. LEAD Program
 - i. Continuing for one more year
 - ii. Ongoing advocacy in Modoc County

16. Susanville Police Department – No Report

17. Lassen County Sheriff's Department – John McGarva

- a. Working with Tiffany and various other HSS departments to help reduce recidivism coming out of the jail through programs
- b. LMFT – is at a MAT (Medicated Assisted Treatment) conference this week
 - i. Site visit from the coordinator this Thursday
- c. Still working with State Hospitals on the restoration of competency
 - i. Meetings with Doctors via zoom being conducted
 - ii. No one has been restored to competency based on these interviews yet.
- d. NCCHC Accreditation
 - i. Put on the fast track
 - ii. Will be here in October to audit

18. Consideration of Future Agenda Items:

- a. **Action Item – Nominations – Board Chair and Vice Chair**
- b. **Action Item – Approval of updated By-Laws**

19. Next Meeting Date and Time: October 17, 2022 at 5:30pm

20. Adjournment: 6:56 pm