

LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

APPROVED MINUTES

Monday March 14, 2022

Advisory Board Members Present: Curtis Bortle – Member – Via Zoom
Gary Bridges – Member - Via Zoom
Brady Reed – Member – Via Zoom
Michael Hoenig – Member – Via Zoom
Angela Reed – Member – Via Zoom

Advisory Board Members Absent: Chris Gallagher – Member
Ronnie Tripp – Member

Staff: Tiffany Armstrong – BH Director – Via Zoom
Barbara Longo – HSS Director – Via Zoom
Sarah Bustamante–Admin Assistant – Via Zoom
Nicole Lamica – Patient Right’s Advocate – Via Zoom

Members of the Press: None

Other: Kim Lamountry – Intern CA Association of
Local Behavioral Health Boards &
Commissions- Via Zoom
Grace Poor–Housing–Lassen County- Via Zoom
Allen Sobol – Susanville PD – Via Zoom
Cathy Martinez – Judy’s House – Via Zoom
Andrea Wagner – CAMHPRO – Via Zoom

- 1. Call to Order:** Behavioral Health Advisory Board called to order at 5:32 pm
- 2. Approval of the Agenda – Action:** **Changes Action Item – change from Elections Nominations and Date from February to March** Motion- Michael Hoenig — Second- Angela Reed – All in favor – motion carried with changes
- 3. Approval of the Minutes: February 2022:** – Motion – Michael Hoenig – Second – Curtis Bortle – All in favor – motion carried
- 4. Public Comment: NONE**

5. COVID – 19: Barbara Longo

- a. Do we still want COVID on the agenda?
 - i. A lot of mandates are being released to strongly/highly recommended
 - ii. What information do we want reported at this point, if any?
- b. Cases are down
- c. Keep on the agenda for a few months as regulations are still changing
- d. Mask mandated ended Friday for schools
 - i. No longer required to wear masks
- e. Masks still required in health care facilities and on airplanes

6. Department Report: Tiffany Armstrong

- a. Westwood Wellness Center
 - i. Grand Opening – March 31, 2022 9am-3pm
 - ii. Community Health Clinic – other community resources will be there with information
 - iii. Two peer supports and receptionist have been hired
 - iv. Looking for some indoor plants for the center
 - v. Resources Centers are still open in the community
- b. Herlong and Big Valley Wellness Centers
 - i. Hoping to have them opened soon
 - ii. Looking for Peer Supports and Receptionist for that area
- c. Loan Repayment for Employees
 - i. Workforce Education and Training Grant
 - 1. Through Cal- Mesa
 - ii. Helpful with recruitment
- d. Audits
 - i. EQRO will be held in May
 - ii. SABTG / DMC-ODS will be held in June
- e. Wellness Centers
 - i. Will have community resources available, information, brochures, handouts etc.
 - ii. Peer supports will be trained and knowledgeable of available resources in the community to assist individuals with specific needs

7. Cultural Competence: Tiffany Armstrong

- a. Meeting will be scheduled in April

8. Housing – Grace Poor

- a. New Programs and Grants
 - i. Homesafe
 - 1. For disabled adults and seniors
 - 2. Who are involved with APS, does not need to have an open case
 - 3. Will assist with housing stabilization

- 4. Working on rolling out funds – coordinating with Tina at APS
- ii. Program for families who are involved with Child Welfare System
 - 1. Lassen County has been allocated \$250,000
 - 2. Need to work out how many families can be served
- iii. Planning grants
 - 1. One will focus on identifying gaps and needs for individuals with Behavioral health and physical health needs– in-depth gaps and needs assessment will be done
 - 2. In coordination with our CFC and tied to a larger grant
 - a. HAP
 - b. Working with a consultant on planning and needs assessment

9. Judy's House – Cathy Martinez

- a. February 2022
 - i. 300 total hours of contact
 - ii. 107 individuals
 - iii. 7 new
 - iv. 1 phone contact
- b. Will try and have a representative attend the Grand Opening of the Westwood Wellness Center
- c. Flyers are up to date and current

10. Action Item – Nominations – Board Vacancy – Board Vice Chair

- a. Brady Reed – Motion to open nominations – Gary Bridges – second
- b. Nominations
 - i. Brady Reed nominated Curtis Bortle
 - ii. Gary Bridges nominated Angela Reed
 - iii. Curtis Bortle nominated Gary Bridges
- c. Elections will be held at the meeting in April 2022 – Action Item

11. Board Report:

- a. **Board Recruitment:**
 - i. Applications available
 - ii. Sarah to reach out to the County Clerk Admin and get what categories we have openings for
- b. **Sub-Committees**
 - i. **Legislation** – No update
- c. **Data Notebook – Tiffany Armstrong**
 - i. Review of Data Notebook
 - 1. This year focused on IMDs (Institute of the Mentally Diseased), ARF (Adult Residential Facilities) and Ethnicity and racial disparities

2. Requesting information about Advisory Board members about race/ethnicity and age
 - a. Board members do not have to answer
 - b. Submit email to Tiffany and/or Sarah
- ii. Will need to have one more meeting to complete the Data Notebook
 1. Once completed and approved will be submitted

12. Lassen Community College: Brady Reed

- a. Earmarked money from California Community College Chancellors Office
 - i. \$150,000-\$160,000 per year for Mental Health
 - ii. Will help fund the Behavioral Health Manager position
- b. Behavioral Health Manager Position
 - i. Currently vacant - will be flown soon
 - ii. Job description will be updated with recommendations from State
 1. Health screens
 2. Creating community partnerships
 - iii. Also functions as the crisis counselor
- c. Basic Needs Funding
 - i. \$145,000 received – will be ongoing funding
 - ii. Will fund a coordinator position
 - iii. Center should be up and running by July
 - iv. Assist with food and housing
 - v. Link to resources in the community
- d. Food Voucher Program
 - i. Started during Covid
 - ii. Partnered with Susanville Super Market
 - iii. Given out twice a month
- e. Chancellor did a tour of colleges including Lassen Community College
 - i. Conducted Listening Sessions with Students
 1. Mental Health and basic needs support were main items students identified as needing more support in
 - ii. She listened and colleges now receiving funding for these areas

13. Suicide Prevention: Nicole Lamica

- a. 2022 Walk out of Darkness Walk
 - i. September 10, 2022 at Memorial Park
 - ii. Attended Family Conference
 1. Had a resource booth
 2. Handed out 30 flyers
 - iii. Working on getting sponsor packets out
 - iv. Board members are Nicole Lamica, Jim Danoways and Nikki Gerall
- b. Safe Talk Trainings
 - i. Reaching out and seeing what the need is
- c. Assist

- i. Need to get another trainer

14. Access California – Andrea Wagner

- a. No longer Access Ambassador
 - i. Transitioning to Director position at CAMHPRO
 - ii. Possible change to title on agenda
- b. Willing to mentor new peers on attending meetings and giving updates
- c. CAMPHRO
 - i. Call for proposals out for presentations at State Conference
- d. Community Whole Health Alliance – Butte County
 - i. Recipient of building capacity grant
 - ii. Working with County Director
 - iii. Envisioning Peer Supervisor training in the fall
 - 1. Local 5 counties
- e. NYU
 - i. Reaching out to California Peers
 - 1. Conducting a study
 - 2. Looking for individuals who have been on a hold or in a conservatorship to complete a survey
- f. Care Court Plan
 - i. 4 position papers have been put out against the Care Plan
 - 1. Available if interested
 - ii. Peer community very against this plan
 - iii. No new funding - will use Mental Health funds

15. Susanville Police Department – No Report

16. Lassen County Sheriff's Department – No Report

17. Consideration of Future Agenda Items:

- a. Action Item – Elections for Board Vice-Chair
- b. Friday Night Live – Prevention Video

18. Next Meeting Date and Time: April 11, 2022 at 5:30pm

19. Adjournment: 6:59 pm