

LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

APPROVED MINUTES

Monday May 9, 2022

Advisory Board Members Present: Curtis Bortle – Member – Via Zoom
Gary Bridges – Member – In Person
Michael Hoenig – Member – Via Zoom
Chris Gallagher – Member – Via Zoom
Ronnie Tripp – Member – In Person

Advisory Board Members Absent: Brady Reed – Member
Angela Reed – Member

Staff: Tiffany Armstrong – BH Director – In Person
Barbara Longo – HSS Director – In Person
Sarah Bustamante–Admin Assistant – Via Zoom
Nicole Lamica – Patient Rights – In Person

Members of the Press: None

Other: Andrea Wagner – CAMHPRO – Via Zoom
John McGarva – Lassen County Sheriff’s
Department – In Person
Mike Hernandez – Judy’s House – In Person
Andrea Hernandez – Judy’s House – In Person

- 1. Call to Order:** Behavioral Health Advisory Board called to order at 5:30 pm
- 2. Approval of the Agenda – Action:** Motion- Ronnie Tripp — Second- Michael Hoenig– All in favor – motion carried
- 3. Approval of the Minutes: February 2022:** – Motion –Michael Hoenig– Second – Curtis Bortle – All in favor – motion carried
- 4. Public Comment:**
 - a. Ronnie Tripp – Will be resigning for the board after this month. Is the longest standing board member currently. Represented the consumer on the board. Worked at Lassen Aurora Network for 14 years.
 - b. Thanks to Ronnie for her dedication, knowledge and advocacy to the board over the years.
- 5. COVID – 19: Barbara Longo**
 - a. Will always and continue to have cases.
 - b. Learning about the impacts of the lockdowns
 - i. Really impacting children

- ii. Natural immunities have not been developed towards other illnesses
 - c. Press release
 - i. Encouraging people to talk with primary care about Covid
 - 1. Concerns
 - 2. Testing
 - 3. Vaccines
 - 4. Therapeutics

6. Syringe Services Program: Barbara Longo

- a. Full support from County Supervisors and City Counsel
- b. Contract with Rhino Care out of Reno
 - i. Receptacles will be ordered and installed soon
 - 1. Public health
 - 2. Fire Department
 - 3. Westwood Wellness Center
 - 4. Herlong Wellness Center
 - 5. Big Valley Wellness Center
 - ii. Pickup will be once a month
 - 1. Can be increased if needed
 - iii. Not an exchange program – Just a sharps collection

7. Department Report: Tiffany Armstrong

- a. New Therapist
 - i. Leslie Goni – came from CFS
 - ii. Started last week
- b. Wellness Centers
 - i. Westwood is up and running
 - ii. Working this week to get Ft. Sage ready to open
 - 1. Have a peer support and receptionist
 - iii. Big Valley
 - 1. Have two peer supports
 - iv. Will be scheduling open houses
- c. Outreach
 - i. Susan River – this coming Wednesday
 - ii. Goodie bag will be given out
 - iii. Community request for outreach at motels and low-income apartment complexes
- d. Tobacco Collation
 - i. Striving to get our campus completely tobacco free
 - ii. Training with staff at a staff meeting
- e. Peer support scholarships
 - i. Tiffany will be forwarding out information on the scholarships

8. Cultural Competence: Tiffany Armstrong

- a. May meeting was cancelled

- b. June meeting will be scheduled soon

9. Housing – No Report

10. Judy's House – Mike and Andrea Hernandez

- a. Staff completed CPR class last week
- b. Updated first aid kits were purchased
- c. April Stats
 - i. Total minutes – 12,989
 - ii. Total hours – 216.4
 - iii. Total people – 88
 - iv. Phone contacts – 6
 - v. New encounters - 8

11. Board Report:

- a. **Board Recruitment:** Ronnie Tripp has someone in mind – will talk with them about submitting an application
 - i. Curtis Bortle - suggestion, have a booth at events with applications available to recruit new members
- b. **Sub-Committees**
 - i. **Legislation – No Update**
- c. **Data Notebook – Tiffany Armstrong – completed and uploaded**

12. Lassen Community College: No Report

13. Suicide Prevention: Nicole Lamica

- a. Out of Darkness
 - i. September 10, 2022
 - ii. Memorial Park
 - iii. Sponsor Packets will be sent out soon
- b. Notify Nicole Lamica about any events coming up in outlying communities and she will try and set up a booth

14. CAMHPRO – Andrea Wagner

- a. Founding Director - Sally Zinmen is being honored by the Clifford Bears National Mental Health America Award
 - i. May 19th – Online event
- b. State Conference coming up in June
 - i. 150 people are already registered
 - ii. Panels and workshops planned
 - iii. Free conference – Hotel discount available
- c. Peer Advocates for Rights and Recovery
 - i. Posing opposition to the Governor's Care Court Plan
- d. Online petition
 - i. To oppose Care Court
 - ii. Peer advocates to talk to Mayors who are supporting
- e. SB803 – Peer Certification

- i. New website out for newest information
 - 1. www.capeercertification.org
- ii. Just launched at the end of last week
- iii. Training scheduled for this Thursday
 - 1. Andrea to send out information

15. Susanville Police Department – No Report

16. Lassen County Sheriff's Department – John McGarva

- a. **MAT** – have started giving suboxone to a patient at the jail
 - i. Very regulated to ensure not getting to someone its not meant for
 - ii. Screening process for inmates to be entered into the program
 - iii. Has taken about a year to get the program up and running
 - iv. Indian Health and Northeastern Rural are able to take over care once inmates are released
 - v. NA and AA are currently coming into the jail for meetings
 - vi. Mike and Andrea Hernandez to get in contact with John McGarva about an addiction workshop
 - 1. Certified and registered with the state
- b. **CAL-AIM**
 - i. Becoming an issue for every department
 - ii. Response to RFP is due at the end of July for funding
 - 1. Will require social/case worker be working out of the jail
 - iii. Deadline for compliance is January 1,2023
- c. **New Therapist**
 - i. Started yesterday
- d. **Recruiting**
 - i. Basically, all positions in the department is looking for employees
- e. **Legislation**
 - i. Separation of Sheriff's and Coroners
 - 1. Argument is Sheriffs cannot properly declare cause of death if they are involved
 - ii. Moving through the Senate and Legislature very quickly with little opposition
 - iii. Only 10 counties have a separate Sheriff's/Coroner's office
- f. **Title 15**
 - i. During Covid – move away from dormitory style housing to segregated housing for safety
 - 1. Now move toward dormitory style housing due to mental health effects to those in segregated housing
 - 2. Have more out of cell time
 - a. Up to 14 hours a week of out of cell time not including outside recreation

17. Consideration of Future Agenda Items:

- a. **CAL-AIM**
- b. **Care Court**

18. Next Meeting Date and Time: June 13, 2022 at 5:30pm

19. Adjournment: 6:54 pm