

# **LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD**

## **APPROVED MINUTES**

**Monday January 8, 2024**

**Advisory Board Members Present:** Brady Reed – Member  
Michael Hoenig – Member  
Gary Bridges – Member  
Andrea Hernandez - Member

**Advisory Board Members Absent:** Rebecca Jordan – Member  
Mike Hernandez – Member  
Tom Neely– Member

**Staff:** Tiffany Armstrong – BH Director  
Barbara Longo – HSS Director

**Members of the Press:** None

**Other:** John McGarva - LC Sheriff's Department  
Grace Poor – LC Housing

1. **Call to Order:** Behavioral Health Advisory Board called to order at 5:35 pm
2. **Approval of the Agenda – Action:** Motion-Michael Hoenig — Second- Brady Reed – All in favor – motion carried
3. **Approval of the Minutes: December 2023** – Motion - Michael Hoenig –Second -Brady Reed - All in favor – motion carried
4. **Public Comment:**
  - a. **Swearing in of New Board Member:**
    - i. Gary Bridge swore in Andrea Hernandez for her position on the Lassen County Behavioral Health Advisory Board Committee.
    - ii. Oath of Office signed by all parties
2. **Mobile Crisis Unit – Tiffany Armstrong**
  - a. Plan has been received back from the State
    - i. Lots of comments and questions
    - ii. TA call was held but information was not useful
      1. Unfamiliar with rural counties
      2. No information on billing private insurance
      3. No funding for stand by time or funding to off set cost of waiting for calls

- 4. Must have 3 individuals – One licensed who is able to beam in – one trained in Narcan – One responding available to respond
- 5. Many areas of the county will not be able to be reached in the 120-minute time frame
- iii. Most of cohort 1 has been approved and rolling out this month
- iv. Lassen County was put in with the larger counties
  - 1. Many of the larger counties already had a type of mobile crisis unit
- v. Went out for RFP to cover for afterhours response
  - 1. Received no interest
- vi. County will start getting sanctioned for not following requirements
  - 1. Unsure what the sanctions will be at this time

### **3. Department Report: Tiffany Armstrong**

- a. Call with State and Directors Association
  - i. Regarding Senate Bill 43
    - 1. Requested a 2-year extension from the Board of Supervisors
    - 2. What is Grave Disability going to look like? Where will we place these individuals?
- b. Care Court
  - i. Cohort 1 has already been established
  - ii. We are part of cohort 2
    - 1. Will have to start putting a plan together this year on what it will look like.
    - 2. Starting a work group to come together and discuss/work on plan
- c. MHSA
  - i. Stakeholder meetings scheduled for this week.
  - ii. May need to reschedule meeting in Big Valley due to weather

### **4. Cultural Competence: Tiffany Armstrong**

- a. Last meeting was cancelled.
- b. Will schedule next meeting for a date this month

### **5. Housing – Grace Poor**

- a. BH Bridge Housing Program
  - i. Contract with State was executed on November 30<sup>th</sup>
  - ii. MOU between BH and Housing was executed after that
  - iii. Housing has prepared a plan and policies and procedures/guidelines for the program
  - iv. Hope is to have individuals housed under this program by December 1, 2024
  - v. 10 units will be available for individuals with SMI and/or SUD diagnosis who are experience homelessness

- vi. RFP will go out in the next month
    - 1. Requesting property owners to contact with Housing for the units
    - 2. Incentives – can provide funding to help improve/build units
- b. Housing Element
  - i. Update to previous plan
    - 1. To address all housing needs in the county's jurisdiction
    - 2. Draft going to Board of Supervisors tomorrow
- c. Point in Time Count
  - i. January 23, 2024
  - ii. Will just be holding a shelter count this year
  - iii. Only required to do full count every other year

**6. Judy's House – Andrea Hernandez**

- a. Month of December counts
  - i. 11334 total minutes
  - ii. 188.9 total hours
  - iii. 2 warm line calls
  - iv. 0 new individuals
  - v. 78 individual contacts
  - vi. 6 outreaches held

**7. Board Report:**

- a. **Board Recruitment:**
  - i. Patty Gunderson, Lassen County Office of Education
    - 1. Has received a BH intervention grant
    - 2. Interested in becoming a board member
    - 3. Application has been sent to her

**8. Lassen Community College: Brady Reed**

- a. Spring semester starts up next Tuesday
- b. Rebecca Jordan, has been holding many events
  - i. Homesickness
  - ii. Stress
- c. Dorm manager passed away from cancer right before break
  - i. Many staff and students utilized Becky during this time

**9. Suicide Prevention:**

- a. Nicole Lamica will not be doing as much with suicide prevention as she is getting busier with her housing role
  - i. Will continue to be involved with the Walk out of Darkness
  - ii. Still coordinating the Safe Talks and Assist trainings

**10. CAMHPRO – Andrea Hernandez**

- a. Came in November to interview Judy's House
- b. Video is on You Tube –
  - i. CAMHPRO
    - 1. 5 in 5 – Day Two – Judy's House

**11. Susanville Police Department – No Report**

**12. Lassen County Sheriff's Department – John McGarva**

- a. Close to completion on safety cell project
  - i. Now will have two regulation size safety cells
- b. Exceed Cap for incompetent to stand trial – to State Hospital
  - i. 5<sup>th</sup> one just went
  - ii. 6<sup>th</sup> will be going in the next month
  - iii. 7<sup>th</sup> one will be going shortly after
  - iv. Will cost \$130,000 per individual
- c. PATH Grant
  - i. Close to establishing a discharge plan at the jail
  - ii. Tiffany and John working through Cal-Aim currently
  - iii. Needs to be online by October 2024
- d. Dean Growdon Retired
  - i. Mike Carney is the interim Sheriff until the Board of Supervisors appoints someone to the position
    - 1. Remining 5 years of current term

**13. Consideration of Future Agenda Items:**

- a. **MHSA Plans**
- b. **Housing Report**
  - i. **Community Survey**
  - ii. **Focus Group**

**14. Next Meeting Date and Time:**

**March 11, 2024 at 5:30pm**

**15. Adjournment: 6:26 pm**