

# LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

## APPROVED MINUTES

**Monday October 23, 2023**

**Advisory Board Members Present:** Brady Reed – Member  
Michael Hoenig – Member  
Gary Bridges – Member

**Advisory Board Members Absent:** Rebecca Jordan – Member  
Tom Neely– Member

**Staff:** Tiffany Armstrong – BH Director  
Sarah Bustamante – BH Admin Assistant  
Nicole Lamica –

**Members of the Press:** None

**Other:** Grace Poor – Housing Department

1. **Call to Order:** Behavioral Health Advisory Board called to order at 5:31 pm
2. **Approval of the Agenda – Action:** Motion- Gary Bridges — Second- Michael Hoenig– All in favor – motion carried
3. **Approval of the Minutes: August 2023:** – Motion –Michael Hoenig – Second –Gary Bridges - All in favor – motion carried
4. **Public Comment: None**
5. **Mobile Crisis Unit – Tiffany Armstrong**
  - a. Tiffany will present at the Board of Supervisors meeting tomorrow – Tuesday 10-24-2023
  - b. Implementation plan is due October 31, 2023
    - i. Once approved by Board of Supervisors it can be submitted to the State.
    - ii. Mobile Crisis – all Federal Mandates – all counties must follow all mandates
6. **Department Report: Tiffany Armstrong**
  - a. Numerous items are due to the State between now and the end of the year.
  - b. Tiffany will be leaving on vacation – will return right before Thanksgiving.
  - c. Will start working with the court system on Care Court once Mobile Crisis plan has been submitted

- 7. Cultural Competence: Tiffany Armstrong**
- a. Meeting scheduled for this Wednesday 10-25-23
    - i. Interpretation business located out of Florida who specialize in Behavioral Health and medical interpretation
      - 1. Also assists with all forms ensuring its appropriate terminology
      - 2. Up to 12 different languages
      - 3. Lassen County looking to establish contract
        - a. Brochure cost – 15 cents per word

- 8. Housing – Grace Poor**
- a. Permanent Supportive Housing Development
    - i. Waiting on County Counsel the past few weeks
    - ii. Feasible study had been updated – questions regarding zoning
  - b. HomeKey Project
    - i. Partnering with Melanie Westbrook
    - ii. Have not heard back yet
  - c. Bridge Housing Project
    - i. Behavioral Health was awarded 1.6 Million
    - ii. Approved last week
    - iii. Will need to do an RFP for interested landlords
      - 1. Incentive to landlords
        - a. Money available to improve units
  - d. Nicole Lamica – Housing Program Coordinator

**9. Judy's House – No Report**

**10. Board Report:**

- a. **Board Recruitment:** Will Swear in Andrea and Mike Hernandez at the next meeting.
- b. **DATA Notebook:** Is completed and ready for submission
  - i. Tiffany to submit

**11. ACTION ITEM: Nominations of Board Officers:**

- a. **Nominations for Board Chair**
  - i. **Brady Reed nominated Gary Bridges**
  - ii. **Michael Hoenig nominated Rebecca Jordan**
- b. **Nominations for Vice Chair**
  - i. **Gary Bridges nominated Michael Hoenig**
  - ii. **Michael Hoenig nominated Andrea Hernandez**

**12. Lassen Community College: Brady Reed**

- a. Mental Health report due to the Chancellor's office
  - i. How money is spent
  - ii. How many students are being served
    - 1. 65-70 served by Rebecca Jordan in person

2. 120 served accessed telehealth vendor (Timely Care)
- b. Rebecca Jordan has been hosting numerous events – helping students feel connected and comfortable
  - i. Homesick social

**13. Suicide Prevention: Nicole Lamica**

- a. Walk out of Darkness event went very well
  - i. \$15,000 goal was met
- b. Has been putting on Assist and Safe Talk training
  - i. Will be scheduling more

**14. CAMHPRO – Tiffany Armstrong**

- a. Came with a video crew –
  - i. Asking about peer support
  - ii. Judy’s House was featured
  - iii. Once film is completed will share with the Advisory Board

**15. Susanville Police Department – No Report**

**16. Lassen County Sheriff’s Department – No Report**

**17. Consideration of Future Agenda Items:**

- a. **Action Item – Elections of Chair and Vice Chair**

**18. Next Meeting Date and Time:**

- a. December 11, 2023 – 5:30pm

**19. Adjournment: 6:07 pm**