

LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

APPROVED MINUTES

Monday July 10, 2023

Advisory Board Members Present: Brady Reed – Member
Michael Hoenig – Member
Gary Bridges – Member
Rebecca Jordan – Member
Tom Neely – Member

Advisory Board Members Absent: Angela Reed – Member

Staff: Tiffany Armstrong – BH Director
Sarah Bustamante – Admin Assistant
Nicole Lamica

Members of the Press: None

Other: John McGarva – LC Sheriff's Department

1. **Call to Order:** Behavioral Health Advisory Board called to order at 5:31 pm
2. **Approval of the Agenda – Action:** - Table MHSA Plan – must say Action Item – Public Hearing - Motion- Tom Neely — Second- Rebecca Jordan – All in favor – motion carried -
3. **Approval of the Minutes: May 2023:** – Motion – Rebecca Jordan – Second – Brady Reed - All in favor – motion carried
4. **Public Comment:** None
5. **Mobile Crisis Unit – Tiffany Armstrong**
 - a. Final Information letter was received
 - b. Lassen County did not get the extension
 - i. Plan must be submitted by October 2023
 - ii. Fully functioning by December 31, 2023
 - c. Budgets
 - i. CARS – Institution assisting in predicting staffing and budgeting
 - ii. Preliminary bases
 1. Estimate using population data – responding per year – mobile response out into the community
 - a. Lowest 23
 - b. Mid 70

- c. High 93
- 2. Utilize other data such as
 - a. 988 call volume
 - i. Calls not coming to us but to Sutter/Yuba county
 - b. Amount of crisis per year
 - c. Individuals we are serving for SUD services
 - d. 911 calls for BH/SUD
- 3. If services were handled in house
 - a. Would need an additional 10 staff members
- 4. Look at what is available in the county before hiring other staff
 - a. Possibly contract with community partners
 - i. Ambulance
 - ii. Volunteer Fire Departments
 - iii. Will still need to have a therapist who can do a 5150 on staff
 - iv. Will need to have a MD/FNP or PA who can prescribe medications
- 5. Other costs
 - a. Vehicle costs/gas/maintenance
 - b. Technology costs
 - i. Call center – will be required to have our own call center
 - ii. WIFI / Satellite coverage
 - iii. Software
 - c. Marketing materials
 - d. Looking at close to 2 million dollars per year medium estimate could be up to 4 million high estimates

6. MHSA Plan: Table to August Meeting – Must be an action item – Plan to be sent out for review.

7. Department Report: Tiffany Armstrong

- a. Care court – met with Cohort 1 counties – 6 counties who started Care Court
 - i. Glenn County is the small county in Cohort 1
 - 1. Serves 1000 client's per year at BH facility
 - a. Estimating 2 million dollars to run care court for 13 individuals
- b. New EHR (Electronic Health Record)
 - i. Credible – went live July 1st
 - ii. Second EHR in the last 6 months
 - iii. Credible – gives us the capability to do interoperability
 - 1. Data share with other entities

- iv. Payment reform happened July 1st
 - v. Needed to meet all new Cal- Aim requirements
 - c. Patient's Rights Advocacy (PRA)
 - i. Trained in the 5150 process – anything going over 72-hour mark
 - 1. PRA must be notified immediately
 - 2. Required by law to submit paperwork but put in stipulation to not have the meeting until the 4th or 5th day
 - 3. Las
 - d. Dr. Harris retired June 30, 2023
 - i. Dr. Addonizio will take over as the Medical Director
 - 1. Will start working on Mobile Crisis and Care Court
 - e. Contracted therapist
 - i. Stacey Harlan retired
 - 1. No applications, had to go with a contract provider
 - f. Training
 - i. DLA-20 training completed
 - 1. Will be used on all Medication Only clients
 - 2. Will be completed on a quarterly basis
 - 3. Outcome measurements
 - a. Monitor progress while in BH services
 - g. Audit
 - i. SAPTG-ODS audit completed on June 27th
 - ii. Still some confusion on who's doing what between the county and Partnership
 - iii. May 2024 – Triannual audit
 - 1. Takes about a year to prepare
 - h. 90-day prerelease from jail in regards to MH services
 - i. Working with Kevin O'Connell
 - 1. Will complete the round 3 funding
 - 2. Will submit the initial application
 - i. Grants
 - a. Bridges Grant – Transitional housing
 - i. Met with Grace Poor from Housing
 - ii. Very few changes needed to be made to the original grant
 - iii. 1.6 Million available
 - iv. Hoping to be used for Care Court individuals

8. PIPS – Table

9. Cultural Competence: Tiffany Armstrong

- a. Meeting was held
 - i. Meetings need to be held on a regular basis
 - 1. Will be scheduled for monthly meetings
- b. Will need to complete a 3-year Cultural Competence Plan

- i. Is due in October
- c. Will need to have trainings
 - i. Interpreter trainings
 - ii. Cultural formulation
 - iii. Cultural Sensitivity
 - iv. Multi-Cultural Knowledge
 - v. Cultural Awareness
 - vi. Social Cultural Diversity
- d. Focus Group
 - i. Looking to start with the Transitional Aged Youth (TAY) population (16-25 yrs. old)

10. Housing – No Report

11. Judy's House – No Report

12. Board Report:

- a. **Board Recruitment:**
 - i. Reach out to Mike and Andrea Hernandez to see if they are still interested in becoming board members.
 - ii. Looking to have a TAY or youth member

13. Lassen Community College: Brady Reed

- a. Team created for Out of Darkness walk
- b. Chalk it out event went really well
- c. Pool event will be held on Sunday August 13th
- d. August 11th – Resource Fair will be held
 - i. BH to attend
- e. Care Program – Single Parents and their children
 - i. Trip to Great Wolf Lodge in Manteca
 - ii. Becky Jordan attended and held a Wellness Session
 - iii. Guest speaker that focused on self-care
- f. Survey
 - i. Survey about awareness
 - ii. Completed with facility, staff and some students
 - 1. surveys completed asked about their awareness of services available
 - a. No staff stated they were Not aware of services
 - 2 little awareness
 - 26 aware of some
 - 29 aware of most
 - b. 3 students stated they were Not aware of services
 - 4 aware of very little
 - 8 aware of some
 - 30 aware of most

14. Suicide Prevention: Nicole Lamica

- a. Saturday September 9, 2023
 - i. Memorial Park
 - ii. Out of the Darkness Community Walk
 - iii. Can register with QR Code
 - iv. Flyers and Sponsor packets were handed out
 - v. Looking for DJ and/or Band
- b. Trainings
 - i. Dana Knowling – certified trainer
 - 1. Will start Assist trainings
 - a. Between 12-25 individuals attend each session
 - ii. Safe Talk
 - 1. Community training –
 - a. How to ask about suicide
 - 2. Prefer 10 or more to attend
 - iii. CEU's are available

15. CAMHPRO – No Report

16. Susanville Police Department – No Report

17. Lassen County Sheriff's Department – John McGarva

- a. Safety Cell remodel has been pushed back to September
 - i. Unable to get the special door parts needed
 - ii. Will have two safety cells once remodel is completed
- b. 5th IST (Incompetent to Stand Trial)
 - i. Sent to the State Hospital
 - ii. Lassen County can only have 4 individuals per year sent to the State Hospital
 - 1. Anything over 4 the County must pay
 - 2. Numbers were taken from on of the lowest year Lassen has had
- c. Conservatorship/5150
 - i. If individual has any pending felony charges cannot start a conservatorship
 - ii. 5150 – individual cannot have any pending charges
 - 1. All charges have to be dropped prior to being place on a hold
- d. National Commission on Correctional Health Care
 - i. Accreditors scheduled to come in two weeks
 - ii. Will be certified facility
- e. Juvenile Justice
 - i. Has been dissolved
 - ii. Juveniles will be sent back to their counties to be housed
 - 1. Lassen has contracted with other cuties to hold juveniles since we do not have a Juvenile Hall.

18. Consideration of Future Agenda Items:

- a. **MHSA Plan – Action Item**
- b. **PIPS**

19. Next Meeting Date and Time:

- a. **August 14, 2023 at 5:30pm**

20. Adjournment: 7:04 pm