**Effective Date: August 1, 2011** 

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

If you have any questions about this Notice, you may contact either the person in charge of your treatment, or contact:

David Rothery, Lassen County HIPAA Privacy Officer Health & Social Services, 1445 Paul Bunyan Rd Susanville, CA 96130 1-530-251-8100

Your medical information is personal, and we at Lassen County are committed to protecting it. Your medical information is also very important to our ability to provide you with quality care, and to comply with certain laws. This Notice describes the privacy practices we, all of our employees and other personnel, are required to follow for your medical information.

We are legally required to: Keep your medical information, also known as "protected health information" or "PHI," private, give you this Notice of our legal duties and privacy practices with respect to your PHI, and Comply with this Notice.

#### **CHANGES TO THIS NOTICE**

We reserve the right to revise or change the terms of this Notice, and to apply those changes to your PHI. You have the right to be notified of any changes to this Notice and to receive a copy of those changes in writing. To obtain a copy of this Notice once it has been changed, you can either ask your treatment provider or contact the Lassen County Privacy Officer, or go to our Web site at http://www.co.lassen.ca.us.

#### HOW WE MAY USE AND DISCLOSE YOUR PHI

**For Treatment**: We create a record of the treatment and services you receive at our facilities. We need this record to provide you with quality care and to comply with certain legal requirements.

Your treatment team may disclose your PHI to other doctors, therapists, nurses, students in training, or other personnel who are involved in taking care of you. For example, a doctor treating you for depression may need to know if you have problems with your heart because some medications lower your blood pressure. Your treatment team may share your PHI in order to coordinate the different things you need, such as prescriptions, regular blood pressure checks, lab work or an EKG.

We also may disclose PHI to people outside this agency who may be involved in your treatment when you are not at the department, such as your case manager, or other third parties for coordination and management of your health care.

We may use and disclose your PHI to contact you with a reminder that you have an appointment. You have the right to tell us how you want to receive appointment reminders. (Maybe the Consent form will be provided to you for this purpose depending on legislation.)

We may use and disclose your PHI to recommend possible treatment options or alternatives that may be of interest to you. Additionally we may use and disclose PHI to tell you about health-related benefits or services that may be of interest to you (for example, Medi-Cal eligibility or Social Security benefits). You have the right to refuse this information.

Lassen County Alcohol and Drug and Lassen County Mental Health now operate under a Qualified Healthcare Organization Agreement, whereby these departments <u>may</u> share PHI pertaining to clients of both departments for the purpose of coordinated treatment.

**For Payment:** We use and disclose your PHI in order to get paid for the treatment and services we have provided you. For example, insurance companies require that our bills include descriptions of the treatment and services we have provided you. We will only disclose the minimum necessary information to accomplish this purpose and will not divulge the entire contents of your file unless required.

**For Health Care Operations**: We may use and disclose your PHI to operate our facilities, and to meet certain state and federal regulations. For example, we may use your PHI to review our treatment and services and to evaluate the performance of our staff in caring for you.

### USES AND DISCLOSURES OF PHI THAT GIVE YOU THE OPPORTUNITY TO OBJECT

Unless you object, we may disclose your PHI to a friend or family member, your parent or any other person designated by you who is involved in your health care or payment for your health care. Your objection must be in writing (Maybe the Consent form will be provided to you for this purpose depending on legislation). We will not honor the objection in circumstances where doing so would expose you or someone else to danger, as determined by your treatment team.

In the event of a disaster we may disclose your PHI to a disaster relief agency such as the Red Cross, so that your family can be notified about your condition, status and location.

Under the Qualified Healthcare Organization Agreement between Lassen County Alcohol and Drug and Lassen County Mental Health, whereby these departments may share PHI pertaining to clients of both departments for the purpose of coordinated treatment. As a client of Lassen County Alcohol and Drug, you may opt out of this arrangement, by informing Lassen County Alcohol and Drug that you wish to restrict sharing of substance use information with Lassen County Mental Health.

#### OTHER USES AND DISCLOSURES THAT DO NOT REQUIRE YOUR AUTHORIZATION

**Research:** We may disclose your PHI to medical researchers who request it for approved medical research projects; however, with very limited exceptions such disclosures must be cleared through a special approval process before any PHI is disclosed to the researchers, who will be required to safeguard the PHI they receive.

As Required By Law: We will disclose your PHI when required to do so by federal or state law.

**To Avert a Serious Threat to Health or Safety:** We may use and disclose your PHI when necessary to prevent a serious threat to your health and safety or the health and safety of the public or another person.

**Workers' Compensation:** We may disclose your PHI for workers' compensation or similar programs. These programs provide benefits for work-related injuries or illness.

**Public Health Activities:** We may disclose your PHI for public health activities, such as those aimed at preventing or controlling disease, preventing injury or disability, and reporting the abuse or neglect of children, elders and dependent adults.

**Health Oversight Activities:** We may disclose your PHI to a health oversight agency for activities authorized by law. These oversight activities are necessary for the government to monitor the health care system, government programs, and compliance with civil rights laws. Both the federal government and state departments have oversight authority over Lassen County regarding health services.

**Lawsuits and Disputes**: If you are involved in a lawsuit or a dispute, we may disclose your PHI in response to a court or administrative order. We may also disclose your PHI in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute.

**Law Enforcement:** We may disclose your PHI if asked to do so by law enforcement officials in the following circumstances:

- In response to a court order, subpoena, warrant, summons or similar process;
- To identify or locate a suspect, fugitive, material witness, or missing person;
- About the victim of a crime if, under certain limited circumstances, we are unable to obtain the person's agreement;
- About a death we believe may be the result of criminal conduct;
- About criminal conduct at any of our facilities; or
- In emergency circumstances to report a crime; the location of the crime, the victim(s); or the identity, description or location of the person who committed the crime.

**Specialized Governmental Functions:** In the course of National Security and Intelligence activities, we may disclose your PHI to authorized federal officials for intelligence and other national security activities authorized by law. For example, we may disclose your PHI to authorized federal officials so they may provide protection to the President of the United States or foreign heads of state, or to conduct special investigations authorized by law.

We may disclose your PHI to officials in the Department of State who make decisions regarding your suitability for a security clearance or service abroad.

If you are an inmate of a correctional institution, you lose the rights outlined in this Notice. Furthermore, if you are an inmate or are in the lawful custody of a law enforcement official, we may disclose your PHI to a law enforcement official.

#### OTHER USES OF YOUR PROTECTED HEALTH CARE INFORMATION

Other uses and disclosures of your PHI not covered by this Notice or the laws that apply to us will be made only with your written authorization. If you provide us authorization to use or disclose your PHI, you may revoke that authorization, in writing, at any time. If you revoke your authorization, we will no longer use or disclose your PHI for the reasons covered by the authorization, except that, we are unable to take back any disclosures we have already made when the authorization was in effect, and we are required to retain our records of the care that we provided to you.

#### MINIMUM NECESSARY DISCLOSURE

At every instance where Lassen County discloses your information, we will use only the minimum necessary to accomplish that purpose. Each type of disclosure will be reviewed separately to determine what the minimum necessary consists of.

#### YOUR RIGHTS REGARDING MEDICAL INFORMATION ABOUT YOU

#### **Right to Inspect and Copy:**

With certain exceptions, you have the right to inspect and copy your PHI from our records. To inspect and copy your PHI you must submit a request in writing to your case manager or the person in charge of your treatment. If you request a copy of your PHI, we will charge a fee for the costs of copying, mailing or other supplies associated with your request.

We may deny your request to inspect and copy parts of your PHI. If you are denied the right to inspect and copy your entire PHI in our records, you may request that the County Privacy Officer review the decision. If you disagree with the County Privacy Officer's decision, you may appeal the decision with the County Appeals Officer. A form will be provided to you for this request.

**Right to Request an Amendment**: If you feel that your PHI in our records is incorrect or incomplete, you may ask us to amend the information. You have the right to request an amendment for as long as we keep the information. To request an amendment, your must submit a request in writing to your case manager or the person in charge of your treatment. In addition, you must tell us the reason for the amendment. Your request will become part of your record. A form will be provided to you for this purpose.

In addition, we may deny your request if you ask us to amend information that was not created by us, or is part of the information which you were not permitted to inspect and copy, or is deemed accurate and complete by your treatment team.

**Right to an Accounting of Disclosures:** With the exception of disclosures that were made for our own uses for purposes of treatment, payment and health care operations, you have the right to request a list of the disclosures we have made of your PHI. To request this list, you must submit your request in writing to your case manager, the person in charge of your treatment, or the HIPAA Privacy Officer. A form will be provided to you for this purpose.

Your request must state a time period, which may not be longer than six years. Your request should indicate how you want to receive this list. The first list you request within a 12-month period will be free. For additional lists, we may charge you for the costs of providing the list; we will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred

Right to Request Restrictions: You have the right to request that we follow additional, special restrictions when using or disclosing your PHI. We are not required to agree to your request. If we do agree, we will comply with your request unless the information is needed to provide you with emergency treatment as determined by your doctor. To request restrictions, you must make your request in writing to your case manager or the person in charge of your treatment. In your request, you must tell us what information you want to limit, the type of limitation, and to whom you want the limitation to apply, for example, disclosures to your spouse. You also have the right to restrict disclosure of information to a Health Insurance company, if a treatment you have received was paid for in full, by you. A form will be provided to you for this purpose.

Right to Request Confidential Communications: You have the right to request that we communicate with you about appointments or other matters related to your treatment in a specific way or at a specific location. For example, you can ask that we only contact you at work, or by mail. To request confidential communications, you must make your request in writing to your case manager or the person in charge of your treatment. A form will be provided to you for this purpose. Your request must specify how or where you wish to be contacted. We will accommodate all reasonable requests.

**Right to a Paper Copy of This Notice:** You may ask us for a copy of this Notice at any time. Even if you have agreed to receive this Notice electronically, you are entitled to receive a paper copy of this Notice. To obtain a paper copy of this Notice once it has been changed, you can either ask your treatment provider or contact the Lassen County Privacy Officer, or go to our Web site at http://www.co.lassen.ca.us.

#### **COMPLAINTS:**

All complaints must be submitted in writing. You will not be penalized in anyway for filing a complaint.

If you believe your privacy rights have been violated, you may file a complaint with us or with the Federal Government. To file a complaint with us, contact:

David Rothery, Lassen County HIPAA Privacy Officer Health & Social Services, 1445 Paul Bunyan Rd Susanville, CA 96130 1-530-251-8100

To file a complaint with the Federal Government, contact:

The U.S. Department of Health and Human Services 200 Independence Avenue, S.W.
Washington, D.C. 20201
Toll Free: 1-877-696-6775

If you have comments or questions regarding our privacy practices, you may contact our privacy official:

David Rothery, Lassen County HIPAA Privacy Officer Health & Social Services, 1445 Paul Bunyan Rd Susanville, CA 96130 1-530-251-8100